

From the *Academy of Conscious Life Development*



# *Psychophonetics*

An anthroposophically (Steiner) based  
Personal Development and Empowerment Course

This - one evening per week - 6 week course will give you many new skills  
and tools to help support, improve, enhance and empower your life

From Tuesday April 5<sup>th</sup> – Tuesday May 10<sup>th</sup> 6.00pm - 9.00pm

**Cape Byron Rudolf Steiner School**

**Your \$250 investment includes all course materials  
and a FREE Psychophonetics consultation (Valued at \$100)**

**Working with Art (Clay and Drawing), Communication, Poetry, Speech  
and Psycho-drama and with fun games and activities you will learn:**

The Anthroposophical model and makeup of the Human/Spiritual being

The Four Temperaments and how they influence our behaviour

How to create and stand more effectively in your power in any given moment

How to understand and overcome Fear, Doubt, Reactions, Projections and Judgements

How to understand and work with your Inner Child    The importance of good health and wellbeing

Psychophonetics is a professional modality of Counselling and Psychotherapy practiced in several countries around the world. It is based on Anthroposophy and Rudolf Steiner's indications and teachings of the Spiritual-Human being. Steiner's psychotherapeutic writings, known as *Psychosophy*, have been firmly placed into the 21<sup>st</sup> Century with the creation and application of Psychophonetics.



Adrian Hanks is a professional Psychophonetics Counsellor and Psychotherapist and a qualified and experienced Trainer and Facilitator. He has been designing and facilitating Personal Development and Empowerment workshops and courses for many years.

Professional Member of IAPP (International Association of Psychophonetics Practitioners)  
Advanced Diploma in Psychophonetics Counselling and Psychotherapy  
Certificate IV in Anthroposophical studies    Certificate IV in Workplace Assessment and Training

*"There have been very few men that I've met that I can instantly relax in their presence. Adrian's authenticity, humour and big heart make him an ideal space holder ..."* James, Age 23. Byron shire

*I have found Adrian to be a thoroughly professional person in all aspects of his clinical work... In workshops, group discussion & information sessions he shows respect for his clients... whilst at the same time challenging them to take the next step, incorporate something more or add another dimension to these views. He is able to tune into any group, gauge where they are at, speak to that and mould his chosen subject matter to suit the group and the occasion - an enviable skill indeed. I would unreservedly recommend Adrian as a practitioner to clients seeking assistance in any of the modalities he has chosen to develop and offer as a healing service.* Heather Pavel, NSW, Australia.

**Contact Adrian on 0400424417 [www.psychophonetics.com.au](http://www.psychophonetics.com.au)**

**FREE INTRODUCTORY PRESENTATION ON TUESDAY 29<sup>th</sup> MARCH**